What we will see:
Laacher See caldera and volcanic complex, natural CO₂ bubbling out of the lake, CO₂ rich mineral springs, mofettes, periodically erupting well, quaternary and tertiary volcanic fields.

**Weather:** It may be cool (5-10 °C), wet and eventually foggy. Frost is possible, precipitation as well.

*Please wear appropriate clothes and shoes to keep you warm and dry!*

**Itinary:** We will start after breakfast by foot from the hotel and visit sites in the surrounding of the Laacher See. The walking distance is approximately 6 km.

We will stay on farm and forest roads that are generally easy to walk but may be muddy in places.

The lake and caldera are nature protected area. Please behave appropriately.

We continue a short distance by bus and we will have lunch at a spring near Wassenach, north of Maria Laach. Lunchboxes will be provided.
Bus transfer to the Westeifel will take approximately one hour. Depending on the eruption cycle of the Brubbel (right), we decide at the spot about other sites to be visited in the surrounding.

Sunset is at 5 pm. We try to show you as much as possible of the beauty of the landscape and the natural CO$_2$ sources. We will be back at Maria Laach between 6 and 7 pm.

The bus will stop at two locations!

1. The first stop will be in the nearby town of Mendig, for those that want to have beer and food in a small local brewery located on top of former basalt mines (http://www.vulkanbrauerei.de/). Food and beer are recommended. Individual payment; a decent dish and beer cost ~ 20 €.

Return to the hotel on an individual basis. We can order taxis or walk back on nightly tracks (4.5 km).

2. Stop at the hotel, for those that have to leave early, or want to relax (e.g. in the hotel’s beautiful spa and sauna).